

Mt. Sanbe National Park (Oda)

国立公園 三瓶山 (大田)

The Mount Sanbe area is composed of scattered quaint villages, forests, and gorgeous green hills. A car is the best way to explore the rambling area but it is also accessible by bus.



▲ Map here

ACCESS to Mt.SANBE

- Bus**
JR Odashi → Sanbe Hot Spring (40min Local)
- Car**
JR Odashi → Sanbe Hot Spring (30min)



Sanbe Tourist Chair Lift
三瓶観光リフト
¥670 round trip
8:30am-4:30pm, Operates Apr. 1- last Sunday of Nov., Closed Tuesday

Climbing Mt. Sanbe 三瓶登山 [Sanbe Tozan]

This mountain is a gently sloping, inactive volcano reaching 1,126 meters. It makes a pleasant day's hike with a variety of routes to the summit. You can also walk around the rim of the caldera. Bento and day trip supplies can be purchased at Nishi no Hara Rest House (west side of the mountain). There is also a chairlift to the top on the east side of the mountain.



Mt. Sanbe Kita no Hara Campground

三瓶山北の原キャンプ場 [Sanbesan Kita no Hara Kyanpujo]

A large, wooded area offering a variety of lodging options including self-catering cabins, campsites, tent and bedding rentals. There is recreational equipment available for rent, a dog park and climbing structures for children. In winter, you can try cross-country skiing or snowshoeing.

Apr.1- Nov.30: 9am-5pm
Dec.1 - Mar.31: 9:30am-5pm, Closed Tuesday



Sanbe Azukihara Buried Forest Park 三瓶小豆原埋没林公園

[Sanbe Azukihara Maibotsurin Koen]

The Buried Forest Park is a mysterious forest with magnificent trees entombed in the earth. It is the result of a volcanic eruption thousands of years ago. In the exhibition area, you can closely observe how some of the trees remain standing while others have been pushed down and lay beneath the roots. Come see a time capsule from 4,000 years ago.

¥300 9am-5pm (Last Entry 4:30pm), Closed 1st Monday to Friday of December, New Year holidays



Sanbe Burger 三瓶バーガー [Sanbe Ba-ga-]

A popular hamburger shop next to Kita no Hara Campground that only uses locally sourced ingredients.

10am-5pm, Closed Tuesday

Accommodation

Sanbe Hot Spring

三瓶温泉 [Sanbe Onsen]

Sanbe Hot Spring is a high-quality hot spring at the foot of Mt. Sanbe. The water is known as an effective treatment for rheumatism, neuralgia, skin conditions, etc.

Sanbeso

国民宿舎 さんべ荘

This hot spring offers a variety of attractive outdoor baths making it a great place to soak after hiking Mount Sanbe. Lodging options are also available.

2072-1 Shigaku, Sanbe-cho, Oda-shi
0854-83-2011
DAY TRIP BATHING
¥500
10:30am-10pm, Closed occasionally

Sahimeno

四季の宿 さひめ野

2078-2 Shigaku, Sanbe-cho, Oda-shi 0854-83-3001
DAY TRIP BATHING ¥500 Weekdays: 12pm-8:30pm, Weekends: 12pm-4pm
Closed occasionally



Inquiries Oda City Tourist Promotion Division
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